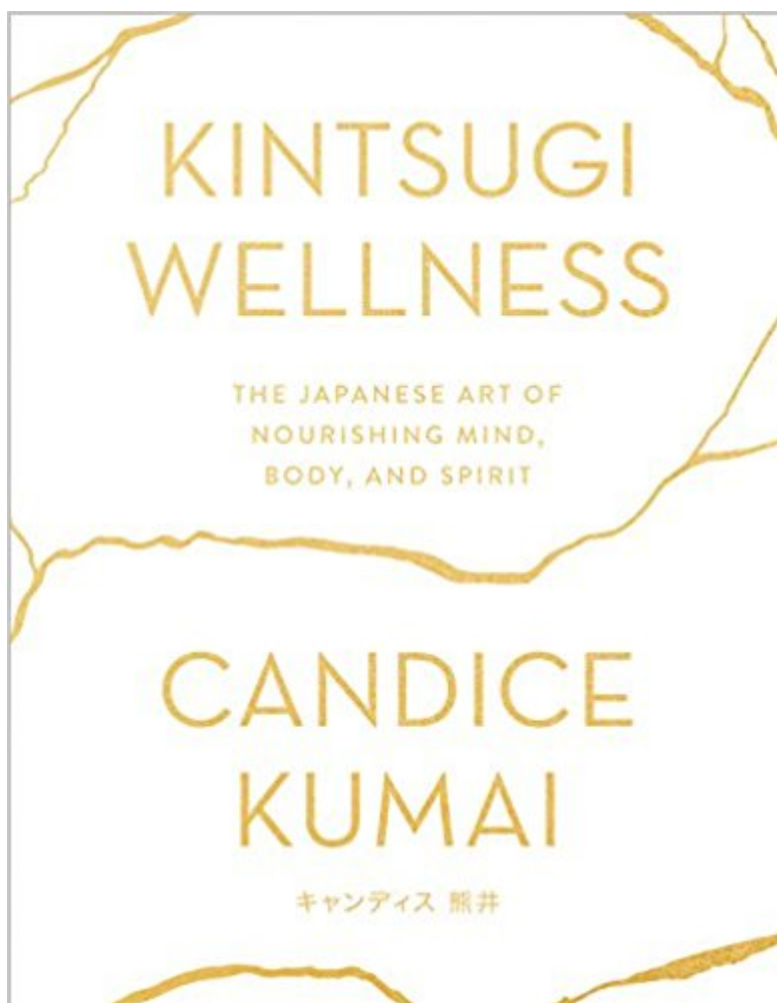


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Kintsugi Wellness: The Japanese Art Of Nourishing Mind, Body, And Soul



Book Information

Hardcover: 240 pages

Publisher: Harper Wave (April 3, 2018)

Language: English

ISBN-10: 0062669850

ISBN-13: 978-0062669858

Shipping Weight: 1.4 pounds (View shipping rates and policies)

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Candice Kumai is a classically trained chef and author of Clean Green Drinks, Pretty Delicious, and Cook Yourself Thin. She is a regular contributor on E! News and The Dr. Oz Show, and has appeared as a regular judge on Iron Chef America and Beat Bobby Flay. She contributes to food and lifestyle publications such as Cosmopolitan, Shape, Men's Health, and Prevention, and volunteers at dozens of charitable organizations. She lives in New York City

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